

HOW TO SEW A STRIP-PIECED HEART QUILT BLOCK

FABRIC:

Heart: Spring colors – Think “Sweethearts” Candy

Background: White on white print



- Six 1½” x 6½” strips of fabric
- Four 1½” squares of background fabric
- Two 3½” squares of background fabric
- Two 1½” x 6½” strips of background fabric
- Two 1½” x 8½” strips of background fabric

STEP 1: SIX 1 ½” X 6 ½” STRIPS OF FABRIC



Sew the red or pink heart strips lengthwise into two sets of three.

STEP 2:

Mark a diagonal line on the back of each background square.

Lay the background squares on top of the strip sets, right sides together. The smaller squares should be on the top of the heart strip units, while the larger square should be on the bottom.



STEP 3:

Sew on the marked lines. Press the background pieces away from the center of the heart as shown. Trim away the excess.



STEP 4:

Sew the two sides of the heart together to form a heart.



STEP 5:

Add the $1\frac{1}{2}$ " x $6\frac{1}{2}$ " strips of background fabric on the top and bottom of the heart unit. Then add the $1\frac{1}{2}$ " x $8\frac{1}{2}$ " of background fabric strips on the right and the left. Square the block to measure 8".



Press the block.



ALTERNATE DESIGNS:

- INSTEAD of using six $1\frac{1}{2}$ " x $6\frac{1}{2}$ " strips of fabric in STEP 1, use.....
- One $6\frac{1}{2}$ " x 7" square of strip pieced fabric, Cut in half to make two $3\frac{1}{2}$ " x $6\frac{1}{2}$ " strips.

OR

- Two $3\frac{1}{2}$ " x $6\frac{1}{2}$ " fabric strips of the same or different colors

Then continue with STEP 2 as written.